

**ANNUAL REPORT for HKDRC AGM 2013
(August 2013)**

(I) Introduction

We welcome you attend our Annual General Meeting 2013. HKDRC is grateful for your support and pleased to report we've had a successful year in 2012/2013.

(II) HKDRC Organized Events in the Race Season of '12/'13

- 1. HKDRC 35th Green Half Marathon and 10K Run 2012** – Both races took place at the same venue on 4th November 2012. Two major sponsors i.e. Gammon Construction Ltd., and Rider Levett Bucknall associated with 5 other co-sponsors included Fila Marketing (HK) Ltd., Polar Electro (HK) Ltd., Vegetable Marketing Organization, Nature's Village and Logo Printing Company sponsored our work. Thank you for their generous support.

There were 1202 registered participants for the Green half marathon and 338 registered participants for the 10K run. Over 100 participants were foreign runners

Records set from the event included i) New registered participants record up to 1550, ii) Leung Kam Wah, the eldest runner of age 80 finished the race within 2hrs 40 mins iii) Give out green and sustainable souvenirs to participants include foldable water bottle, solar torch and organic vegetable iv) Sponsors staff offered help to distribute souvenirs to participants

We adapted Green Work for the race and **introduced this half marathon course route for traffic free and 'Zero Emission course in Hong Kong'**. The performance of work for the event was very satisfactory. Two race summaries of the event were published and attached in newsletter of November 2012. The new co-sponsors was Rider Levett Bucknall.

- 2 HKDRC – ASICS 37th Mount Butler Race – A Better Race for You and Me 2013**
The major sponsor, Millock Ltd., c/o ASICS together with 2 co-sponsors included Polar Electr (HK) Ltd. and Logo Printing Company sponsored our work. Thank you for their generous support.

There were 1375 registered participants which propelled a new record. Over 150 participants were foreign runners

We continue adapted Green Work for our event and accepted participants re-used number bibs of previous year's event and offered discount on the entry fees. We received a good appraisal from participants after the race that the Mount Butler Heritage Race 2013 was the most enjoyable event in the calendar year. A race summary of the event was published and attached in newsletter of April 2013. The new sponsors were Millock Ltd.and Amusement Marketing (HK) Ltd.

- 3 **Cheung Chau New Year's Cross Country Run 2013** – We supported this event by paying 10 member's entry fees. Thanks to Fung Chun On and Gordon Chung for coordinating and took lead for members' registration for participation.
- 4 **Southern District Cross Country Run 2013** – We supported members to join this race and to keep good relation with the Organizer. Gordon Chung, our Club race executive officer, can be contacted for registration. .

(II) HKDRC Training

- 1 **Mount Butler Training Base 2013 (Free Training Run Program)** – We provided guidelines and instructions for members' self-training before participation of our HKDRC 37th Mount Butler Heritage Race 2013. The details of this training route were published in newsletter of February 2013. Some members took this self-training to improve their performance in running.
2. **Eight Training Routes - Suitable for Running and Hiking**
 - **Shek Pik to Tai O**
 - **The Peak to Sandy Bay**
 - **Ng Tung Chai Water Fall 梧桐寨瀑布**
 - **Maclehose Trails Section 9 & 10 (Route Twisk > Tin Fu Tsai > Yuen Long, Tai Tong Jockey Club Camp Site)**
麥理浩徑第9及10段(荃錦公路>田夫仔>元荃古道>元朗大棠賽馬會渡假營)
 - **Maclehose Trails Section 3 (Pak Ram Au > Sui Long Wo)**
麥理浩徑第3段 (西貢北潭坳 > 水浪窩)
 - **Maclehose Trails Section 4 (Sui Long Wo > Gilwell Campsite)**
麥理浩徑第4段 (水浪窩 > 基維爾營)
 - **Tung Chung Sek Mun Gap to Ngong Ping (The Buddha)**
東涌石門甲至昂平(寶蓮寺)
 - **Tai Tam Reservoir (Heritage Route) >> Mount Parker Tai Fung Au >> Quarry Bay King's Road**
大潭水塘 (古蹟郊遊徑) >>> 柏架山大風坳 >>> 側漁涌
3. **Workshop and On-Site Training for Organizing of Distance Running Events**
We are open to provide workshop training to our members and Students from IVE Haking Wong Educational Institute to work for our events so as to train-up students to obtain practical experience in helping their future job Career.

The training covers several sessions including :-

- Measurement of road course
- Computer sorting

- Entry Registration
- Find Sponsors
- Water consumption calculation
- Race results recording and checking
- Financial control

(III) HKDRC Membership

HKDRC currently has 155 members. Amongst all members, 85% were Chinese, 5% were Japanese and 10% from overseas. We have a newly designed Green membership card for new and existing members of 2013/2014.

We maintained the same amount of annual membership fee for the year 2014
 Senior Member – HK\$150.- Life Member – HK\$1000.- Junior Member – HK\$90.-
 An optional charge HK\$30.- for one Club T-shirt for member's order

(IV) HKDRC Newsletter

This is the main means for communication with our members. The newsletter is written in both English and Chinese and it contains information about upcoming races, results from races and running in general. As a benefit to HKDRC members, the Club makes every effort to include entry forms from other organization races, training information, report on work progress of the Club organized events and send to members sports equipment discount coupons.

Thanks is extended to Mr. Fung Chun On, who contributed his time and effort to assisting the Club to make photocopies, post and mailing to all our members. Members who wish to receive this newsletter please contact E-mail : enquiry@hkdr.org or HKDRC mail box HKDRC GPO Box 10368, HK. We encourage you to receive electronic rather than paper copies wherever possible to save on postal costs and paper

(V) HKDRC Services and New Helpers Requested

- To facilitate our race work to be Greener, we will use email as much as we can to communicate with members/helpers/sponsors and others
- To adapt online registration to save manpower and resources
- To order specially made number bibs and ask participants to reuse them next year
- To print the runner's guide and bus ticket on the back side of the bib to save use of paper
- To order reusable baggage tags
- To stop supplying bottled water to reduce waste and replace with cups
- To encourage participants' donations for research work on promotion of Green race initiatives
- To place a clothes recycling bin at the finish of the Half marathon in November.
- To produce educational Low Carbon Quiz for the runners participation

We need volunteer helpers for work, so please do not hesitate to contact us thru Email : enquiry@hkdr.org or write to us HKDRC GPO Box 10368, HK

(VI) HKDRC Sponsors in 2012/2013

We maintained good relations with existing sponsors. In 2012/2013, we have 3 new sponsors being Millock Ltd., and Amusement Marketing HK Ltd., who support and sponsor our Mount Butler Heritage Race 2013. RacingThePlanet Ltd support and sponsor our HKDRC 36th Green Half Marathon & 10K Run 2013

(VII) HKDRC Member Results at Some Major Events

HKDRC members actively participated in wide variety major events.

(VIII) HKDRC Finance and Foundation

The Club has two accounts, the current account up to July 2013 is sound. We shall keep control of the race budget and review the necessity of any purchase of new equipment for the race work. The fixed account i.e. HKDRC Foundation is enjoying 2.0% interest rate for every 6 months. The foundation was aimed to earn some money from the interest and we make use them to help/donate to the poor, offer members who need emergency supports. At present, the Club retained a total about HK\$450,000.- from the two accounts.

Thanks to Frankie Chan who has continued looking after the Club's financial status.

(IX) HKDRC Officer Nominations

The following members are nominated for the new post/title in AGM on August 31, 2013. Confirmation of positions will be announced in the newsletter of October 2013.

- **Race Executive Officer – William Poon (Not Firmed)**

Other officers in 12/13 will be remain unchanged and continue work for the Club

(X) HKDRC Developments

The HKDRC is a unique and special running club in Hong Kong. It is open to anyone interested in running and is 100% member-supported. We shall continue develop our business and activities. HKDRC will continue to :-

- Offer members up-to-date information on local and international running events.
- Promote distance running in Hong Kong
- Provide a community for fellow runners to meet, run and exchange ideas.
- Nominate members to take part in the HKAAA meetings and activities.
- Encourage and sponsor members to form teams for competing in teams races.
- Offer training grants to members who have obtained good results at representing races.
- Organize training programs (such as Mount Butler Training Run Program)
- Sponsor HKDRC Scholarship Program for IVE Students to enhance the Club image
- Offer free support to local Charitable Organizations

(XI) HKDRC Publications

1. HKDRC New Web Site (www.hkdrc.org)

Our New Web Site launched on 1 January 2013 is working satisfactory and it

contained information include :

- Annual activities schedule, self-training routes, past races record, Green Work for Green Races and Green article.
 - Download corner contained souvenirs order form, entry registration forms, sponsorship package form, membership application/renewal form, AGM attendance form, helpers confirmation for work form.
 - Race souvenirs photos, all of them are Green and Sustainable
- The new web site offers convenient for download information, easy contacts and update record information.

2. HKDRC Power Point - Guidelines Notes for Organizing Distance Running Events

We produced a power point contained detailed information of the “Guideline Notes for Organizing Distance Running Events” which was written in 1998. We upgraded this publication is aimed to provide sponsors, work partners and member guidance of the race works. Members are FREE to obtain a copy on their wish. We hope this power point can help successfully conduct our races and to achieve the performance results to be efficient and effective.

2. HKDRC Guidelines for Key Members to Operating the Club

We produced 5 chapters of “Guideline for Key Members to Operating the Club” it is believed that members can take up most of the work that the Club assigned for him/her without difficulties following the Guidelines suggestions.

The Club requires additional support and involvement from our members, in both the organizing races and running the Club. With your participation, the Club could provide many more exciting events and benefits for members.

3. HKDRC BarCode Scanner System Operation Guidelines

We launched this system for use in recording of finishers’ results since 2004, and we came across mistake made, argument of works and problem of manpower resources. We finally overcome all difficulties and successfully trained up a group of IVE students whom they help us for the work from 2008 to present.

HOPE YOU ENJOY THE MEETING, THANK YOU FOR YOUR SUPPORT. SEE YOU AT SOME OF THIS YEAR RACES